

For Immediate Release:

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### Digital Picks From the Library

Natchitoches, LA, June 11, 2020 –A twisting, thrilling suspense novel, *All of Us*, by A. F. Carter, is about a woman with dissociative identity disorder borne of unspeakable childhood trauma who must face her abuser's release from prison. *All of Us* is a riveting thriller with six compelling protagonists-who all share one body. Though legally she is Carolyn Grand, in practice she is Martha, a homemaker who cooks and cleans for her "family," Victoria, a put-together people person, Serena, a free spirit, Kirk, a heterosexual man, Eleni, a promiscuous risk-taker, and Tina, a manifestation of what is left of Carolyn after years of childhood sexual abuse.

As they jockey for control of their body, all the personalities also work together to avoid being committed to a psychiatric facility. But Carolyn's tenuous normal is shattered when Hank Grand, the man who abused her and leased her out to pedophiles, is released from prison. Soon he begins stalking her, bringing back painful memories for all of the personalities.

When Hank is murdered in a seedy hotel room, Carolyn is immediately a prime suspect. But the man has other shady dealings, and the burden of proof weighs heavy on the police-especially when, propelled by demons of his own, one of the detectives assigned to the case finds his way into Carolyn's very solitary life.

The police and the reader are left wondering: are any of Carolyn's personalities capable of murder? A deeply suspenseful novel, with a truly unique cast of characters.

*Japanese Style Companion Gardening*, by Toshio Kijima, brings the techniques of a master farmer in Japan to home gardeners all over the world, with over 175 easy-to-follow color illustrations and detailed texts.

Japanese gardeners typically work with small plots and are experts at making the most efficient use of available garden space. They have long understood that when compatible vegetables and fruits are grown together, the result is increased yields, healthier plants, fewer pest problems and better taste. Vegetables from small gardens are the mainstay of Japan's famously healthy cuisine and movement towards farm-to-table dining tradition.

Author Toshio Kijima is head of the Biotechnology Department at Tochigi Agricultural Station in Japan and principal of the Nogyo Daigakko School of Natural Farming. In this book, he provides 88 different plant pairings, including common favorites such as: Tomato with basil; Eggplant with green beans; Carrots with edamame; Iceberg lettuce with broccoli; Strawberries with garlic; Green beans with arugula; Blueberry bushes with mint...and dozens of other pairings that yield tasty, nutritious vegetables

and fruits, all grown without the need for pesticides or chemical fertilizers. This book also covers excellent combinations for relay planting, such as watermelon followed by spinach, spinach followed by broccoli, broccoli followed by potato, and many more. Clear and precise instructions are given for each combination-from planning and preparing your plot to planting depths and spacing-all accompanied by detailed color drawings and photographs.

Information on the theory and basics of companion planting will ensure a smooth transition to sustainable gardening techniques that millions of home gardeners are using!

To checkout either of these books, all you need is your library card and PIN to access the Hoopla app on your smartphone or tablet! To get a library card you may visit the Natchitoches Parish Library's (NPL) Main Branch at 450 Second St. or the Northeast Branch in Campti. To reset your PIN, you may call 318-357-3280 or message the NPL on Facebook.

### **PHOTOS:**

-NPL LOGO.jpg

-all of us.jpg

-Japanese Style Companion Planting.jpg

### **About the Natchitoches Parish Library**

Knowledge. Connection. Community. The Natchitoches Parish Library serves the public and community through its competent and friendly staff by providing services and programs aimed at meeting the informational, recreational, and educational needs of our patrons. We seek to provide a beneficial and usable collection of information and activities to connect Natchitoches Parish residents to the world.